



Birchland Elementary School

1331 Fraser Avenue, Port Coquitlam, BC V3B 1M5

Phone: 604-941-3428 Fax: 604-937-8004

www.sd43.bc.ca/school/birchland

birchland@sd43.bc.ca

Mrs. Hunter, Principal

April 2024

PARENT/GUARDIAN ACTIVITY INFORMATION & CONSENT FORM

To Parents and Guardians of:

Grade 3, 4 & 5

The purpose of this letter is to inform you about proposed track and field events involving your child, and to seek your support and written permission for your child to participate. Please note that participation in this activity is optional.

While school staff will take reasonable steps to prevent injuries to students, some degree of risk is inherent in the nature of activities and injury may occur without fault on the part of the student, the school board, its employees and volunteers, or the facility where the activity is taking place. By allowing your child to participate in this activity, you are agreeing that the activity described above is suitable for your child and acknowledging that you understand there is a risk of injury associated with it.

Principal: Mrs. Hunter

Birchland Elementary is offering track and field to our grade 3, 4 & 5's students.

Staff at Birchland are happy to announce another after school club available for students in grades 3-5. Beginning on **Thursdays, April 25th** there will be a Track & Field practice after school, from **2:40-3:45 pm**. Students who want to try high jump, long jump, sprints or long distance running are invited to come along and learn some new skills. Please complete the information attached and return the consent form by Wednesday, April 24th.

Thanks, Birchland Staff

- **Practices will be held Thursday's – April 25 to May 16, 2:40 to 3:45 pmp**
- **District Track Meet – Tuesday, May 21st - save the date**

Students will need to bring: water bottle, runners, t-shirt (Please have them wear, shorts and/or track pants.

Known Risks and Safety Information: active sports outside and gym floor.

Please sign/return the second page giving permission for your child to join the Birchland Track & Field team.

Should you have any questions, please contact the office birchland@sd43.bc.ca



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Extracurricular events: Birchland Elementary Grade 3, 4 & 5's track & field

Please include any information such as allergies, medical conditions, etc., that school staff should be aware of surrounding your child's participation:

My child and I understand that both the School District and School's Code of Conduct apply during the track & field practices. I will be responsible for any costs caused by my child's failure to abide by the Codes of Conduct, including any costs to send my child home.

(Please print) I, _____, give permission for my child

_____, to participate in:

- Weekly practices per schedule on the front page**
- Potential District Track Meet – Tuesday, May 21 @ Coquitlam Town Centre**

PICK UP Information:

Yes, my child (ren) will be picked up at Birchland at **3:45** pm by _____.

OR

Yes, my child (ren) will walk home alone.

OR

Yes, my child (ren) will walk to daycare.

I understand that my child may be exposed to a risk of injury due to accident while participating in these activities.

My daytime contact phone number is _____.

Date

Parent/Guardian Signature

**Please complete the above consent form and return it to office
by Wednesday, April 24th.**